DRCY TOOL - SPRINT

Sprint is a workshop in social entrepreneurship and innovation. It is an effective, fast paced and inspiring approach to the engagement and involvement of young people in the process of developing ideas and responses to local community challenges. Designed with the aim of letting the youth take the lead and open up to new and innovative opportunities, Sprint has showed efficient in wide range of settings. Even in cross generational settings. The approach can be used with both participants and volunteers, or any other actor who are willing to engage in a creative process which can challenge the ordinary. During the workshop, the participants identify needs or challenges in their community, they brainstorm on ideas to address them, and they develop, test and finalize actual social projects that are feasible in praxis and ready to be implemented the following day.

Sprint is efficient for kick-starting new activities, identifying needs of local youth and including youth in project planning. Danish Red Cross Youth has implemented Sprint for youth in many countries including Malawi, Lebanon, Greenland and Denmark. Everywhere we find that the Sprint-workshop gives young people self-confidence and motivation to actually do something in their community. It sparks engagement and participation in community life.

CASE

In 2020, DRCY and Red Cross Greenland initiated a large project in Greenland, focused on kickstarting new social activities all over the country. The idea was to engage youth in schools, high schools and youth clubs in addressing challenges in their local community and thereby increase community engagement among youth that to a large extent have lost the ambition of making a change. In February, 2020 20 youth leaders from all over the country were trained as Sprint facilitators and they are currently facilitating Sprint exercises with children and youth in their hometowns.

About Danish Red Cross Youth

The Danish Red Cross Youth is Denmark's largest humanitarian youth organization with more than 10.000 children and young people participating in our activities. We have more than two decades of pioneering experience in developing youth engagement, implementing trainings of youth and strengthening leadership skills for young RC/RC volunteers.

